

LUNCH



ENTRÉE

- Herbed garlic bread 13
- Hummus, marinated olives, dukkha, grilled sourdough 18
- Wild mushroom and taleggio croquette, harissa gel 20
- Cauliflower steak, ajo blanco, quinoa puffs, herbal oil 19
- Prawn tostada served on crispy tortilla, avocado, tomato salsa, burnt lime 22

SALADS

- Vietnamese vermicelli salad bowl, bean sprout, lettuce, spring onion oil, fried shallots, crushed peanuts 23
- Chickpea cauliflower salad, crispy corn tortilla, avocado, cherry tomato, ajo blanco, lentil sprouts 25
- Chicken caesar salad, bacon, chicken breast, grated parmesan, hard boiled egg 26

Add on

- Grilled tofu 4
- Duck spring rolls 6
- Grilled prawns 6

MAIN

- Texan slow cooked beef brisket sandwich, bacon, swiss cheese, lettuce, tomato, chipotle bbq, chips 26
- Cheese burger, 180g beef patty, cheese, caramelized onion, lettuce, tomato, chips 26
- Southern fried chicken burger, pickled cucumber, crunch coleslaw, siracha aioli, chips 26
- Chicken parmigiana, smoked ham, tomato ragu, buffalo mozzarella, salad, chips 26
- Rigatoni, plant based ragu, toasted pinenuts, basil oil, cavolo nero 24
- Fish and chips, battered hoki, mix leaf salad, chips, tartar sauce 26
- Fish of the day, almond pangrattato crust, kipfler potato, tomato salsa 39
- 300g Striploin MS4+ fried kipfler potatoes, mix leaf salad, peppercorn or bernaise sauce 48

Allow us to fulfil your needs. Please let one of our team members know if you have any special dietary requirements, food allergies or food intolerances. Whilst all care is taken in the preparation of all food, traces may still be found due to accidental cross contamination



SIDES

Green beans almondine 10

Helix garden salad 8

Straight cut chips 10

Helix signature chips topped with pecorino and served with truffle mayo 12

DESSERTS

Helix summer pannacotta, orange, yuzu, italian meringue 16

Honeycomb cheesecake, chocolate soil, summer berries 16

Cheese plate, australian cheese selection, quince paste, grapes, nuts, lavosh 22

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